

LEGAL & JUSTICE

Free Community Legal Advice Program 07 4783 4243

Burdekin Neighbourhood Centre - 1st Tuesday & 1st Thursday of the month for face to face legal advice appointments.

NQ Women's Legal Service 1800 244 504 or 07 4772 5400

Free legal advice & assistance for women. Legal Advice Line operates Mon-Fri 9am to 1pm. NQWLS lawyers visit Burdekin Community Association on 2nd Tues of the month for appointment call 07 4783 3744. More info at www.nqwls.com.au

QIFVLS 1800 887 700 or 07 4721 0600

QLD Indigenous Family Violence Legal Service

Free legal information, advice and representation for indigenous (and partners of) victims of DFV and sexual assault.

Visiting service in the Burdekin by appointment.

ATSIWLSNQ 1800 082 600 or 07 4721 6007

ATSI Women's Legal Service NQ

Free women's legal information, advice and representation.

ATSILS 1800 012 255 or 07 4722 5111

ATSI Legal Service. Free legal information, advice and representation for Criminal, Family and Civil Law.

Legal Aid QLD 1300 651 188

Free legal advice and information service by phone. Legal representation (eligibility criteria) available in Townsville or Mackay. Legal Aid Solicitors not available in the Burdekin at the moment.

Townsville Community Legal Service 07 4721 5511

Free legal advice by phone. After hours appts available on Thursdays between 6pm and 8pm.

Victim Assist QLD 1300 546 587

Financial assistance and Support is available to eligible victim or witnesses to an act of violence or crime committed in QLD.

Free interpreting service. victimassist@justice.qld.gov.au

Independent Advocacy NQ 1800 887 688 or 07 4725 2505

Accredited disability advocacy service.

Justice of Peace 07 4783 9970

JP's in the community - Ayr Library, each Tuesday's 10am to 2pm

The Public Trustee 1300 360 044

Free will making and/or enduring powers of attorney at Ayr Court House, by appointment.

EMERGENCY RELIEF ASSISTANCE

(Centrelink Income Statement & ID required)

Burdekin Community Association (BCA) 07 4783 3744

Monday - Friday 9am to 4pm by appointment

Waste Not Want Not - Coles Second Bite Program: Available

Monday to Friday from 9:00am until stock is gone each day.

Salvation Army 1300 371 288

Monday - Friday 9am to 4pm

Doorways Community Support - BCA, 130 Queens St, Ayr.

(Please call the help line first for assessment)

St Vincent De Paul Society 1800 846 643

Monday 1pm - 1.30pm - Food Relief Clinic

at The Support Centre, (BCA), 130 Queen St, Ayr

ADRA 0400 186 586

The Adventist Development & Relief Agency - Ayr

Community Kitchen Meals Program (Free Meal) 2nd Saturday

each month 6:00pm, at Ayr Seventh-Day Adventist Church, 15

Parker Street, Ayr.

SHELTER

Burdekin Community Association 07 4783 3744

Homelessness & Crisis accommodation—working with at risk of or are experiencing Homelessness

HOUSING

Dept of Housing 1800 806 197

Housing (eligibility criteria)

QSTARS 1300 744 263

QLD Statewide Tenant Advice & Referral Service

Free independent advice and referral for Queensland renters.

Residential Tenancies Authority 1300 366 311

Free Tenancy info & support, bond management, dispute resolution for Queensland renters & rental home owners.

MONEY MATTERS

NILs (No Interest Loans)

St Vincent De Paul Society 1800 846 643

Visits Mondays 1.00pm to 1.30pm at Burdekin Community Association.

Salvation Army Moneycare 07 4755 4716

Financial Counsellor visits monthly at Burdekin Community Association by appointment. Eligibility requirement.

Legal Aid QLD 1300 651 188

Free legal information for problems with debt, seek help immediately strict time limits for some matters.

Services Australia 13 28 50

Centrelink may help you with crisis and special help. Please visit local service centre or call Human Services.

SEXUAL ASSAULT COUNSELLING

The Women's Centre 07 4775 7555

Sexual assault counsellor for women 15 years and over.

Visiting service at Burdekin Neighbourhood Centre by appointment.

DRUG & ALCOHOL COUNSELLING

Lives Lived Well 1300 727 957

Drug & Alcohol Counsellor for age 12 years and older visiting service at Selectability Ayr by appointment. Face to face and phone counselling including support for families and carers.

QLD Health - Community Mental Health 07 4783 0890

Alcohol Anonymous National Helpline 1300 222 222

Ayr Burdekin Recovery open ID Meeting (AA)

Mondays, 7.30pm to 8.30pm, Form 1 Room,

Ayr State High School, Edwards Street, AYR

DOMESTIC VIOLENCE SERVICES

BCA DFV Support Service 07 4783 3744

Women's DFV counsellor and children's counselling. Court support and safety planning. Local service at Burdekin Community Association. Mon to Fri 9.00am to 4.00pm.

NQDVRs 07 4721 2888

NQ Domestic Violence Resource Service

Provides a range of crisis intervention, and group programs for victims and perpetrators of domestic & family violence.

Good Shepherd 1300 050 150

Free financial counselling for DFV survivors of all genders.

Available by appointment Thursdays at the Burdekin Neighbourhood Centre. Eligibility requirements.

FAMILIES

Act for Kids 07 4755 8777

Support for children and families who have experienced or are at risk of child abuse or neglect.

TAIHS 1800 082 447

Townsville Aboriginal & Islander Health Service

In home support for families with children at risk of entering the child protection system and youth support service.

Family & Child Connect 13 32 64

Family support service for information, advice and support for families to care for and protect children in their home.

FAMILIES CONT:

Next Step Plus 07 4740 1333
A support system for young people between 15 and 25 who are transitioning from care & require advice to build independent lives.
nextstep@cofcqld.com.au

Aspire Youth Program Burdekin 0419 275 900
Uniting Community Care

Individual support and case management for young people aged 12-21 years (8-11 if sibling is 12+) at PCYC Ayr.

Play2Learn Playgroups (54 Reasons) 0411 668 851
Free playgroups for families with children 0-5 years. Groups are held in Ayr, Home Hill and Brandon.

HIPPY Burdekin 1300 672 273
Early childhood enrichment program, supporting families transition to school. Working with parents & carers of children of children from 3.5 to 5 years. Creating workways and training opportunities for parents/carers. Self referral.

COUNSELLING

BCA Burdekin Centre for Rural Health 4783 2711
Psychology service for adults and children (Health Professional Referral Required).

Centacare NQ 1300 672 273
Individual and family counselling, Educational & Life skills courses gambling help. Self Referral.

CORES Wellbeing Counsellor 0427 455 313
Community Response to Eliminating Suicide

NQPHN Mental Health Services 1300 020 390
Psychologists / Social Workers & Counsellors by appointment as a visiting service at Rural Health Ayr.

Referral Pathway: Connect to Wellbeing
Visit your GP or Call **1300 020 390** to get started.

FAMILY RELATIONSHIPS / MEDIATION

Family Relationship Centre 1800 050 321 or 4779 4211
Information and advice on family separation, parenting arrangements and dispute resolution.

HEALTH & WELL BEING

QLD Health - Community Mental Health 4783 0890
- Social Worker 4783 0866
- Child Health Nurse & Triple P Prog 4783 0760

BCA Burdekin Centre for Rural Health 4783 2711
Suicide Prevention Program

CRISIS NUMBERS

Available 24hrs 7 days unless stated

1800 RESPECT 1800 737 732
National Sexual Assault and FDV Counselling Line for any Australian that has experienced or at risk of Family and Domestic Violence

DV CONNECT WOMENSLINE 1800 811 811
Support for women experiencing domestic & family violence

KIDS HELPLINE 1800 551 800
Free & confidential support for 5-25 years old

ELDER ABUSE HELPLINE 1800 353 374
or 1300 651 192
Free information and support services for people who experience or witness the abuse of an older person

BEYOND BLUE 1300 224 636
Anxiety & depression information and support

MENS LINE AUSTRALIA 1300 789 978
Support & Information service for men

DV CONNECT MENSLINE 1800 600 636
Support & Information service for men
Available 9am - midnight, 7 days

LIFELINE 13 11 14
Crisis Support & Suicide Prevention

STANDBY Support after suicide 0438 648 268
Telephone support 24/7 or face to face support

NQ CONNECT 1300 059 625
Free phone counselling and support 24/7

**In an Emergency contact
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Burdekin Neighbourhood Centre



GET HELP in the **BURDEKIN** **COMMUNITY**

Food Housing Shelter

Legal Justice

Money Matters

Get Care Families

Health Relationships

*This listing has been prepared by the
Burdekin Neighbourhood Centre Assoc Inc.
For more information please contact
07 4783 4243 or email admin@thebnc.org.au*

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